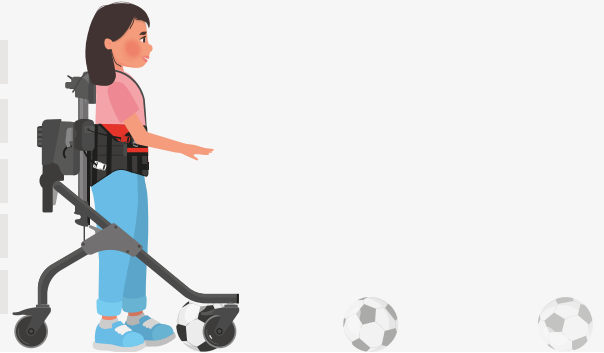


# Walking Skills Assessment

## 1 Strength

skill

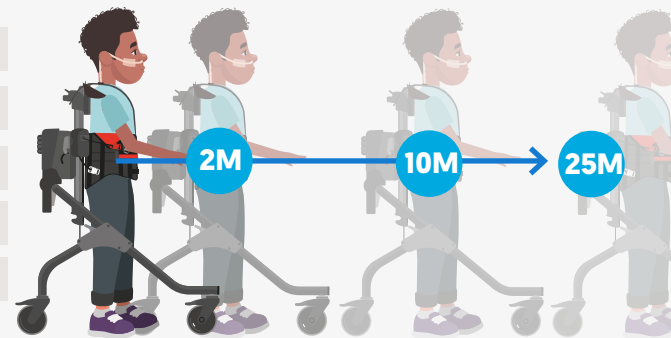
	✓	Date
1. Actively stands in MyWay for 5secs	✓	/ /
2. Actively stands in MyWay for 10secs	✓	/ /
3. Stepping with active weight bearing for 5 steps	✓	/ /
4. Stepping with active weight bearing for 10 steps	✓	/ /
5. Kick a ball using either foot	✓	/ /



## 2 Distance

skill

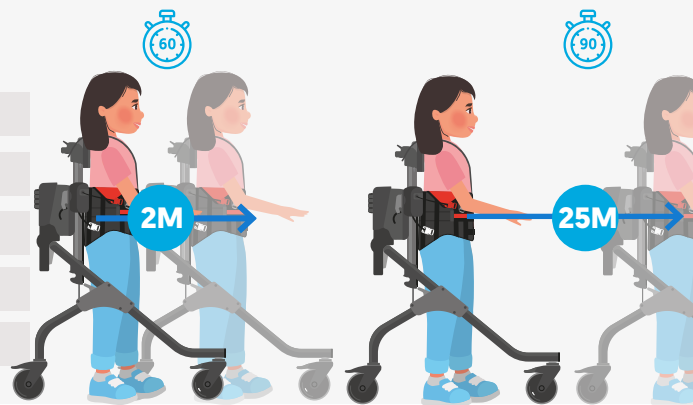
	✓	Date
1. Initiates stepping	✓	/ /
2. Steps forward 2m with assistance	✓	/ /
3. Steps forward 2m without assistance	✓	/ /
4. Steps forward 10m without assistance	✓	/ /
5. Steps forward 25m without assistance	✓	/ /



## 3 Velocity

skill

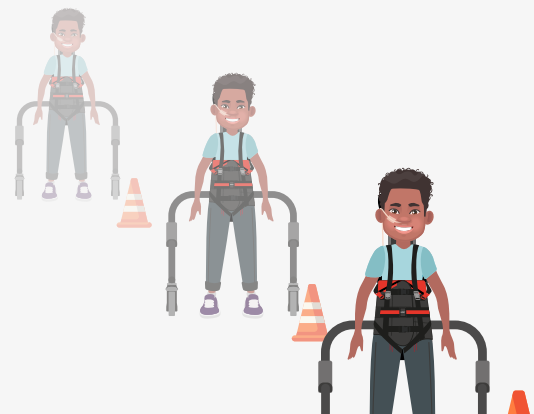
	✓	Date
1. Steps forward 2m within 60 secs with assistance	✓	/ /
2. Steps forward 2m within 60 secs without assistance	✓	/ /
3. Steps forward 10m within 60 secs without assistance	✓	/ /
4. Steps forward 10m within 30 secs without assistance	✓	/ /
5. Steps forward 25m within 90 secs without assistance	✓	/ /



## 4 Manoeuvrability

skill

	✓	Date
1. Navigates along corridor for 10m (wheel direction fixed)	✓	/ /
2. Turn MyWay and feet 90° to the left and 90° to the right	✓	/ /
3. Manoeuvres MyWay sideways 1m to the left and 1m to the right	✓	/ /
4. Navigates along corridor for 10m (wheel direction free)	✓	/ /
5. Navigates in and out of 4 cones placed in a straight line at 2m intervals	✓	/ /



# Walking Skills Assessment

## 1 Strength

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Actively stands in MyWay for 5secs	Encourage active standing with toys placed high	Active standing includes feet flat on ground (or as flat as they will go), knees as straight as they will go and weight bearing through legs for 5 seconds
2	Actively stands in MyWay for 10secs	Encourage active standing by reaching or swiping for bubbles	Active standing includes feet flat on ground (or as flat as they will go), knees as straight as they will go and weight bearing through legs for 10 seconds
3	Stepping with active weight bearing through legs for 5 steps	Encourage stepping initiation by using prone angle	Active stepping includes foot flat on ground (or as flat as it will go), knee as straight as it will go on the leg that is weight bearing and bending of the opposite hip and knee to lift off the ground for 5 steps
4	Stepping with active weight bearing through legs for 10 steps	Encourage movement by holding hands	Active stepping includes foot flat on ground (or as flat as it will go), knee as straight as it will go on the leg that is weight bearing and bending of the opposite hip and knee to lift off the ground for 10 steps
5	Kick a ball using foot of choice from stationary position	Lightweight football placed just in front of either foot	Kick ball in any direction using either foot

## 2 Distance

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Initiates stepping	No equipment needed	Initiate stepping to self-propel forwards
2	Steps forward 2m with assistance	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping but with assistance to propel frame)
3	Steps forward 2m without assistance	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
4	Steps forward 10m without assistance	Two 1m parallel lines marked on the floor 10m apart	Walk across the line 10m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
5	Steps forward 25m without assistance	Two 1m parallel lines marked on the floor 25m apart	Walk across the line 25m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)

## 3 Velocity

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Steps forward 2m within 60 seconds with assistance	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping but with assistance to propel frame)
2	Steps forward 2m within 60 seconds without assistance	Two 1m parallel lines marked on the floor 2m apart	Walk across the line 2m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
3	Steps forward 10m within 60 seconds without assistance	Two 1m parallel lines marked on the floor 10m apart	Walk across the line 10m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
4	Steps forward 10m within 30 seconds without assistance	Two 1m parallel lines marked on the floor 10m apart	Walk across the line 10m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)
5	Steps forward 25m within 90 seconds without assistance	Two 1m parallel lines marked on the floor 25m apart	Walk across the line 25m in front until front wheels are across the line (without assistance to initiate stepping or propel frame)

## 4 Manoeuvrability

Start with child stationary, feet pointing forward and front wheels on the starting line

	Skill	Set Up and Equipment	Activity
1	Navigates along corridor without hitting walls for 10m (wheel direction fixed)	Corridor of approx. 120cm wide (record width for future comparison). Two lines marked on the floor 10m apart	Step along corridor for 10m without hitting walls until front wheels are over finish line
2	Turn MyWay and feet 90° to the left and 90° to the right	No equipment needed	Turn MyWay and feet 90° to the left and 90 degrees to the right
3	Manoeuvres MyWay sideways 1m to the left and 1m to the right	Two 1.5m parallel lines marked on the floor 1m apart	Side step by 1m to left until left front and rear wheels (for stepping left) and side step 1m to right until right front and rear wheels (for stepping right) cross the line
4	Navigates along corridor without hitting walls for 10m (wheel direction free)	Corridor of approx. 1.2m wide (record width for future comparison). Two lines marked on the floor 10m apart	Step along corridor for 10m without hitting walls until front wheels are over finish line
5	Navigates in and out of 4 cones placed in a straight line at 2m intervals	Spacious area or gym. Four cones placed 2m apart. Starting line 2m before 1st cones and finish line 2m after last cone	Weave in and out of each cone, without hitting the cones, until front wheels cross the finish line